

# AFL Women's Team – High Performance Manager

CONTRACTOR



The Western Bulldogs are seeking a High-Performance Contractor to oversee the Club's athlete performance for the AFLW program. This is an exciting opportunity for a highly driven individual to make a significant contribution to the Bulldogs AFLW program.

The Contractor will be responsible for the management and implementation of the strength and conditioning program. They will be responsible for the design and implementation of various elements of the physical performance program to ensure Western Bulldogs AFLW players develop and maintain the physical capabilities required to perform at the elite AFLW standard.

Main responsibilities include but are not limited to:

- The development, implementation and delivery of strategies to achieve the best physical conditioning programs that drive elite standards of physical performance.
- Ongoing education for the playing group of how best to prepare to compete at their optimum.
- Data collection and analysis that can be used in collaboration with the entire Physical Performance Team.
- To assist in coordinating technology in relation to testing and training.
- Ensure that players develop / maintain the highest standard of behaviour regarding work ethic and professionalism in the training environment.
- Understand the physical well-being of the athletes, monitoring their progress.
- Collaboratively work with the coaching and medical team to ensure optimum performance.

To be considered you will have;

- Formal qualifications in Sports Science, Human Movement or similar.
- Level 2 Australian Strength and Conditioning Association (ASCA) accreditation (ideally).
- Proven experience in the design and implementation of physical performance programs and comprehensive knowledge of current elite practices.
- Highly developed communication (written, verbal & listening) & organisational skills.
- Exceptional attention to detail and the ability to remain calm in high-pressure situations.
- The ability to work within a close-knit team and be able to build relationships at all levels in order to achieve the Club's common goals.
- IT skills and high levels of administrative abilities.
- A registered ABN.

If you are interested in working in a challenging yet extremely satisfying position, please email your resume and a cover letter outlining your key attributes to our People Department by email to [hr@westernbulldogs.com.au](mailto:hr@westernbulldogs.com.au) by 5pm Wednesday 22 August 2018.

Successful candidates will require a current Working With Children Check. Please note that due to the high level of interest only those shortlisted will be contacted.